

## ELIZABETH RILEY

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### PROFESSIONAL APPOINTMENTS

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University of Kentucky, College of Public Health July 2020 – present  
Postdoctoral Research Fellow, Center for Innovation in Population Health  
Faculty Advisor: John Lyons, Ph.D.

### EDUCATION

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University of Kentucky  
Doctorate in Clinical Psychology Received: August 2020  
Doctoral dissertation: *Intentional personality change: Intentional personality change:  
Toward prevention of problem drinking*

Master of Science in Clinical Psychology Received: May 2015  
Master's thesis: *The reciprocal prediction between risky behaviors and personality: An  
8-wave longitudinal study in children*  
Advisor: Gregory T. Smith, Ph.D.

Washington University in St. Louis Received: May 2012  
Bachelor of Arts in Psychology and Anthropology  
Magna Cum Laude Latin Honors  
Senior Honors Thesis: *Perfectionism in life domains: The relationship between domain-  
specific perfectionism and eating disorder symptomatology in a non-clinical sample*  
Advisor: Rebecca J. Lester, Ph.D.

### RESEARCH GRANTS RECEIVED

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F31AA026175 Ruth L. Kirschstein National Research Service Award for Individual Predoctoral Fellows  
University of Kentucky. September 15, 2017 – September 15, 2019.  
*Intentional Personality Change: Toward Prevention of Problem Drinking.*  
Principal Investigator under the mentorship of Dr. Gregory Smith, Dr. Mark Fillmore, and Dr.  
Kim Gratz  
\$44,044 training and research costs.

Presidential Graduate Fellowship  
University of Kentucky. July 1, 2017 – September 15, 2017.  
*Intentional Personality Change: Toward Prevention of Problem Drinking.*  
\$20,000 training costs.

T32 NIDA Pre-doctoral Traineeship, DA035200: Research Training in Drug Abuse Behavior.  
University of Kentucky. July 1, 2015 – June 30, 2016.  
Personality Change and Problem Behavior: A Positive Feedback Loop of Increasing Risk.  
\$26,920 training costs.

Lipman Endowment Fund for Research on Alcohol Abuse, Department of Psychology, University of  
Kentucky. Fall 2015 - Spring 2016.

Pilot Test of a New, Integrative Model of Psychopathology.  
\$3,000 research costs, Co-Principal Investigator with Heather Davis.

## **MANUSCRIPTS IN PREPARATION AND UNDER REVEIW**

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1. Cull, M. J., Lindsey, T. L, **Riley, E. N.**, & Lyons, J. L., The Safe Systems Improvement Tool: A Continuous Quality Improvement Approach to Understanding Critical Incidents in Child Welfare. (in preparation)
2. **Riley, E. N.**, & Smith, G. T. Null Results for Intentional Personality Change: Negative Urgency and Problem Drinking. (in preparation)
3. Shimshock, S. M., & **Riley, E. N.** Using Latent Class Analysis with the Child and Adolescent Needs and Strengths (CANS) Assessment: Foundations for Person-Centered Program Improvement. (in preparation)
4. **Riley, E. N.**, Cordell, K. D., Shimshock, S. M., Lyons, J. L., & Vsevolozhskaya, O.A., Child mental and behavioral health services during the COVID-19 pandemic: Trends and implications for service outcomes during telehealth expansion. (in preparation)
5. **Riley, E. N.**, Vsevolozhskaya, O.A., Zaykin, D. V., Shimshock, S. M., & Lyons, J. L., Investigating the Impact of Caregiver Transportation Barriers on Children's Response to Mental and Behavioral Health Treatment: A Longitudinal Analysis. *Journal of Transport and Health*. (under review)

## **PEER-REVIEWED PUBLICATIONS**

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1. Atkinson, E.A., Peterson, S. J., **Riley, E. N.**, Davis, H. A., & Smith, G. T. How People Experience and Respond to their Distress Predicts Problem Drinking More than does the Amount of Distress. *Addictive Behaviors*. (in press)
2. Peterson, S.J., Atkinson, E.A., **Riley, E.N.**, Davis, H.A., & Smith, G.T. (in press). Affect-based problem drinking risk: The reciprocal relationship between affective lability and problem drinking. *Alcohol and Alcoholism*.
3. Ortiz, A.M., Davis, H.A., **Riley, E. N.**, & Smith, G. T. Transactions Between Affective Lability and Eating Expectancies Predicting Binge Eating. (in press). *Eating Disorders: The Journal of Treatment and Prevention*.
4. Smith, G. T., Atkinson, E. A., Davis, H. A., **Riley, E. N.**, Oltmanns, J. R., (2020). The General Factor of Psychopathology. *Annual Review of Clinical Psychology*, 16, 75-98.
5. **Riley, E. N.**, Davis, H. A., Milich, R., Smith, G. T., (2018). Heavy, problematic college drinking predicts increases in impulsivity. *Journal of Studies on Alcohol and Drugs*, 79(5), 790-798.
6. Dir, A., **Riley, E. N.**, Smith, G. T., & Cyders, M.A. (2018). Problematic Alcohol Use and Sexting as Temporal Risk Factors for Sexual Assault Among College Women. *The Journal of American College Health*, 1-8.
7. Combs, J. L., **Riley, E. N.**, Peterson, S. J., Jordan, C. E., & Smith, G. T. (2018). Pre-assault personality predicts the nature of adverse outcomes among sexual assault victims. *Journal of Studies on Alcohol and Drugs*, 79(2), 258-268.
8. Burris, J., **Riley, E. N.**, Puleo, G. E., & Smith, G. T. (2017). A Longitudinal Study of the Reciprocal Relationship between Ever Smoking and Urgency in Early Adolescence. *Drug and Alcohol Dependence*, 178, 519-526.

9. Davis, H. A., **Riley, E. N.**, Burriss, J., Smith, G. T., Milich, R. (2017). Alcohol Use and Strenuous Physical Activity in College Students: A Longitudinal Test of Two Explanatory Models of Health Behavior. *Journal of American College Health*, 65(2), 112-121.
10. **Riley, E. N.** & Smith, G. T. (2017). Childhood Drinking and Depressive Symptom Level Predict Harmful Personality Change. *Clinical Psychological Science*, 5(1), 85-97.
11. **Riley, E. N.**, Rukavina, M., & Smith, G. T. (2016). The reciprocal predictive relationship between high-risk personality and drinking: An 8-wave longitudinal study in early adolescents. *Journal of Abnormal Psychology*, 125(6), 798-804.
12. **Riley, E. N.**, Davis, H. A., Combs, J. L., Jordan, C. E., & Smith, G. T. (2016). Nonsuicidal Self-injury as a Risk Factor for Purging Onset: Negatively Reinforced Behaviours that Reduce Emotional Distress. *European Eating Disorders Review*, 24, 78-82.
13. **Riley, E. N.**, Combs, J. L., Jordan, C. E., & Smith, G. T. (2015). Negative Urgency and Lack of Perseverance: Identification of Differential Pathways of Onset and Maintenance Risk in the Longitudinal Prediction of Nonsuicidal Self-Injury. *Behavior Therapy*, 46(4), 439-448.
14. Levinson, C.A., Rodebaugh, T.L., Fewell, L., Kass, A., **Riley, E.N.**, Stark, L., McCallum, K., & Lenze, E.J. (2015). D-Cycloserine facilitation of exposure therapy improves weight regain in patients with anorexia nervosa: A pilot randomized controlled trial. *The Journal of Clinical Psychiatry*, 76(6), e787-e783.
15. Levinson, C. A., Rapp, J., & **Riley, E.N.** (2014). Addressing the fear of fat: Extending imaginal exposure therapy for anxiety disorders to anorexia nervosa. *Eating and Weight Disorders – Studies on Anorexia, Bulimia and Obesity*, 19(4), 521-524.
16. Pearson, C. M., **Riley, E. N.**, Davis, H. A., & Smith, G. T. (2014). Two pathways toward impulsive action: An integrative risk model for bulimic behavior in youth. *Journal of Child Psychology and Psychiatry*, 55(8), 852-864.
17. Derefinko, K. J., Bailey, U. L., Milich, R., Lorch, E. P., & **Riley, E.N.** (2009). The effects of stimulant medication on the online story narrations of children with ADHD. *School Mental Health*, 1, 171-182.

## **PUBLISHED BOOK CHAPTERS**

1. Atkinson, E.A., **Riley, E. N.**, & Smith, G.T. Risk for addictive behaviors as a function of responses to emotional distress (2020). *Advances in Psychology Research*.
2. **Riley, E. N.**, & Smith, G. T. (2017). External validity. Invited chapter in A. E. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*.
3. **Riley, E. N.**, Peterson, S.J., & Smith, G. T. (2017). Towards a developmentally integrative model of personality change: A focus on three potential mechanisms. In N. Columbus (Ed.), *Advances in Psychology Research*. Volume 115.
4. Davis, H. A., **Riley, E. N.**, & Smith, G. T. (2016). Transactions between personality and psychosocial learning: Advances in the acquired preparedness model of risk. In P. M. Monti, S. M. Colby, and T. A. O’Leary (Eds.), *Adolescents, Alcohol, and Substance Abuse: Reaching Teens through Brief Interventions* (2nd Edition). New York: Guilford Press.
5. Davis, H.A., Guller, L., **Riley, E.N.**, & Smith, G.T. (2015). A Positive Feedback Loop of Smoking Risk. In N. Columbus (Ed.) *Nicotine Dependence, Smoking Cessation and Smoke: Exposure, Chemical Components and Health Consequences*.
6. **Riley, E. N.**, Davis, H. A. & Smith, G. T. (2015). Personality Change and Problem Behavior:

- A Positive Feedback Loop of Increasing Risk in Early Adolescence. In N. Columbus (Ed.), *Advances in Psychology Research*. Volume 105.
7. **Riley, E. N.**, Combs, H., Davis, H., A., & Smith, G. T. (2015) Theory as evidence: Criterion validity in neuropsychological testing. In Bowden, S. C. (Ed.), *Evidence-Based Neuropsychological Practice: National Academy of Neuropsychology*. NY: Oxford University press
  8. **Riley, E. N.**, Combs, J. L., Davis, H.A., & Smith, G. T. (2014) Impulsive behaviors that distract from distress: Non-suicidal self-injury. In M. Olmstead (Ed.), *Psychology of Impulsivity: New Research*

## **PAPER AND POSTER PRESENTATIONS**

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1. Cull, M. J., Lindsey, T. L., & **Riley, E. N.** (2021, April). Resilience Building from a Systems Perspective: Evidence and Implications for a Child Welfare Workforce. Kentucky Public Health Association Educational Conference. Virtual convening.
2. **Riley, E.N.**, Atkinson, E. A., & Smith, G.T. (2019, June). Alcohol consumption as part of the p-factor of general psychopathology. Research Society on Alcoholism, Minneapolis, MN.
3. Davis, H. A., **Riley, E. N.**, & Smith, G. T. (2018, November). An integrated model of risk for high school disordered eating. Association for Behavioral and Cognitive Therapies meeting. Washington, D. C.
4. **Riley, E.N.**, Davis, H. A., Milich, R., & Smith, G.T. (2017, June). Heavy, problematic college drinking predicts increases in impulsivity. Research Society on Alcoholism, Denver, CO.
5. Combs, J. L., **Riley, E.N.**, Peterson, S. J., Jordan, C. E., & Smith, G.T. (2017, June). Pre-assault personality predicts the nature of adverse outcomes among sexual assault victims. Research Society on Alcoholism, Denver, CO.
6. Davis, H.A., **Riley, E.N.**, & Smith, G.T. (2016, October). Middle School Thinness Expectancies Predict High School Compensatory Behaviors. Eating Disorders Research Society, New York, NY.
7. Davis, H.A., **Riley, E.N.**, & Smith, G.T. (2016, October). Transactions Between Early Binge Eating and Personality Predict Transdiagnostic Risk. Eating Disorders Research Society, New York, NY.
8. **Riley, E.N.**, Davis, H.A., & Smith, G.T. (2016, October). Early Adolescent Binge Eating Behavior Predicts Multifaceted Personality Change. Eating Disorders Research Society, New York, NY.
9. **Riley, E.N.**, & Smith, G.T. (2016, June). Early drinking behavior predicts maladaptive personality change and increases risk transdiagnostically. Research Society on Alcoholism, New Orleans, LA.
10. Boyle, L., **Riley, E.N.**, Crosby, R., & Smith, G.T. (2016, June). Pubertal onset predicts increases in high-risk personality traits and in drinking behavior. Research Society on Alcoholism, New Orleans, LA.
11. **Riley, E.N.**, Milich, R., & Smith, G.T. (2016, June). Pre-college drinking predicts maladaptive college personality change. Research Society on Alcoholism, New Orleans, LA.
12. **Riley, E.N.**, Davis, H. A., & Smith, G.T. (2016, May). Early binge eating behavior predicts

- maladaptive personality change. International Conference on Eating Disorders, San Francisco, CA.
13. Davis, H. A., **Riley, E.N.**, & Smith, G.T. (2016, May). Developmental Trajectories of Fasting Behavior and Driven Exercise Across the Middle School Years. International Conference on Eating Disorders, San Francisco, CA.
  14. Davis, H. A., **Riley, E.N.**, & Smith, G.T. (2016, May). The Occurrence and Covariation of Binge Eating and Compensatory Behaviors Across Early to Mid-Adolescence. International Conference on Eating Disorders, San Francisco, CA.
  15. Davis, H. A., **Riley, E.N.**, & Smith, G.T. (2016, May). An Integrative Model of Risk for High School Disordered Eating. International Conference on Eating Disorders, San Francisco, CA.
  16. **Riley, E.N.**, Rukavina, M. E., & Smith, G.T. (2015, June). The reciprocal predictive relationship between personality and drinking: a positive feedback loop of risk. Research Society on Alcoholism, San Antonio, TX.
  17. Dir, A. L., Cyders, M. A., **Riley, E.N.**, Smith, G.T. (2015, June). Tinder use and associations with problematic alcohol use and sexual hook-ups among college females. Research Society on Alcoholism, San Antonio, TX.
  18. **Riley, E.N.** & Smith, G.T. (2015, April). The reciprocal relationship between urgency and smoking behavior: A positive feedback loop of risk in early adolescents. Interdisciplinary Graduate Student Conference for Research on Children at Risk. Lexington, KY.
  19. **Riley, E.N.**, Davis, H.A., Combs, J.L., Jordan, C. E, & Smith, G.T. (2014, September). Purging as a Self-Harming Act. Eating Disorders Research Society, San Diego, CA.
  20. **Riley, E.N.**, Combs, J.L., Jordan, C. E, & Smith, G.T. (2014, June). Negative urgency and depression: Trait-based predictors of self-injury over time. International Society for the Study of Self-Injury. Evanston, IL.
  21. Pearson, C. M., **Riley, E. N.**, Davis, H. A., & Smith, G. T. (2013, September). Toward an Integrative Model of Child and Adolescent Risk for Bulimic Behaviors. Eating Disorders Research Society. Bethesda, MD.
  22. **Riley, E.N.**, Levinson, C. A., & Rodebaugh, T. (2012, November). Does Social Appearance Anxiety and Maladaptive Perfectionism Predict Restrained Eating Over Time? Association for Behavioral and Cognitive Therapies. National Harbor, MD.
  23. **Riley, E.N.**, Derefinko, K., Bailey, U., Lorch, E. P., & Milich, R. (2008, April). The effects of stimulant medication on online story narration in children with ADHD. Conference on Human Development. Indianapolis, IN.
  24. Freer, B., **Riley, E.N.**, Lorch, E. P., & Milich, R. (2007, April). Developmental changes in children's goal-based story representation. Society for Research in Child Development. Boston, MA.