

Amanda E. Soka, PhD MHA LL.B

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I. Academic/Professional Background

Education

- PhD, 2011 - University of Kentucky - Gerontology
- MHA, 2006 - University of Kentucky - Health Administration
- LL. B (Hons.) - 1989 University of Buckingham, England - Law

University Experience

- Program Co-Director, Phoenix Programs MEZCOPH - University of Arizona 2020 –
- Assistant Professor, MEZCOPH – University of Arizona 2019 -
- Regional Associate Program Director, All of Us Research Program, University of Arizona - Banner Health 2017 - 2019
- AT Still University - Occupational Therapy Doctoral Program, Gerontology Content/Adjunct Faculty 2018 - Present
- Joint Faculty, MEZCOPH – University of Arizona 2017 - 2019
- Director, MSc Program in Clinical & Translational Science (CTS) Program, University of Arizona Health Sciences 2016 - 2018
- Assistant Professor (Part-time), University of Kentucky, KY 2014 - 2017
- Assistant Professor (Adjunct), Nova Southeastern University, FL 2013 - 2017
- Adjunct Faculty, Harrisburg Area Community College, PA 2014 - 2017
- Assistant Professor Texas State University, TX 2013 - 2014
- Assistant Professor (Adjunct) Webster University, Louisville, KY 2012 – Present
- Assistant Professor Kentucky State University, KY 2011 - 2013

Other Professional Experience

- Cultural Competence - Advocacy, Practice and Training 2013 - Present
- Life/Work skills Coach 2013 - Present
- Consultant and Program Evaluator: 2014 - Present;
 - (a) HUD Moving to Work Demonstration Project 2011 - 2013
Lexington Fayette County Urban Government Housing Authority, KY.
 - (b) Quality Assurance - Multi-Family Service Coordinator Project 2015– Present
Grant, LHA Senior Housing, KY.
- Profoundly Gero! Training, Consultations, & Advocacy; Workforce Development 2010 - Present
- Gerontology Affiliate: 2010 - 2011
University of Kentucky Inter- Professional Clinical Geriatrics Program for Fellows, Residents & Students (Lead: N. Stiles MD, Associate Professor).
- Administrative Fellow: 2007 – 2009
UKHealthcare Enterprise, University of Kentucky - Workforce Planning and Development
- Program Internship Coordinator: 2006 -2007

Other Professional Credentials

- Graduate Certificate in College Teaching, University of Kentucky. 2011
- Graduate Certificate (Post Compulsory Education),
University of Greenwich, London – England. 1996

II. Teaching

Courses Taught/Curriculum Development:

- Aging, Everyone is Doing It
- Aging, Environment and Wellbeing
- Ethics and Professionalism for Healthcare Managers
- Aging and Diversity
- Mental Health and Aging
- Sociology of Aging for Future Leaders
- Aging Around the World
- Health Law
- Legal Aspects of Healthcare Administration
- Supervisory Management for Healthcare Managers
- Healthcare Administration History, Culture, and Language
- Cultural Competence and Healthcare Organizations
- Introduction to Program Evaluation
- Personnel Management in Long-term Health Care Facilities
- Human Resources Management
- Workforce Planning and Management in Healthcare Organizations
- Organizational Planning and Change in Healthcare
- Managing Health Organizations to Improve Population Health
- Introduction to Gerontology
- Aging and Health Promotion
- Death, Dying and Loss
- Aging - Issues and Controversies
- Minority Aging
- Aging and Environment
- Elder Abuse and Mistreatment
- Ethics and Aging
- Healthcare Ethics
- Key Concepts and Issues in Gerontology for Occupational Therapy
- Aging Curricula for Public Health Programs

III. Professional Development

Continuing Education:

- Small Teaching Online (FLC)
- Facilitator Training – Dementia and Caregiving
- Designing an Online Course and Metrics
- Using Online Discussions Effectively
- Proficiencies - Learning Platforms: Desire2Learn (D2L); Blackboard; Sakai; Moodle

- Enhancing Teaching through Instructional Technologies – Workshop
- 2013-2014 Program for Excellence in Teaching & Learning

- Online Journals – Creation and Management Training
- Building Faculty Credentials & Documentation for Promotion
- Southern Regional Education Board Institute on Teaching & Mentoring, Participant: 2009-2014

IV. Scholarly/Creative

Conference Proceedings - Refereed

- Davis, T. and Soka, A.E. What about Aging? Perspectives from High School Teachers and Students on Integrating Aging Content into the High School Curriculum; Presented at the Association for Gerontology in Higher Education, Miami, FL 2017
- Soka, A. E., Chat Sessions & Video-Conferencing: The Good, The Bad, and In-Between. In New Technologies for Student-Centered Teaching and Advising - New Technologies and Education Workshop, Association for Gerontology in Higher Education Annual Conference, March 2016
- McIlwain, A. and Soka, A.E., Beyond Long-Term Care: Infusing Gerontology into Health Administration Curriculum. In Symposium: Integrating Gerontological Content Across Disciplinary Curricula
- Davis, T. and Soka, A. E., Preparing the Pipeline: Engaging High School Students and Teachers in Aging, Association for Gerontology in Higher Education Annual Conference, March 2016
- Soka, A.E., Hiding in Plain sight: Environmental Abuse as a New Category of Mistreatment? In Symposium: Aging in Place/Out of Place: New Theoretical Directions for Environmental Gerontology, Gerontological Society of America Annual Conference, November 2015.
- Soka, A.E., Should We Catch Them Young? Views of the Young on Aging and Lessons Learned. In Symposium: The Importance of Gerontological Education starting Early: Framing the Educational Needs of the Future, Gerontological Society of America Annual Conference, November 2015.
- Soka, A.E., Elder Mistreatment Awareness among Senior Center & Faith-based Elder Ministry Personnel: A Pilot Study. Gerontological Society of America Annual Conference, Nov. 2014.
- McIlwain, A. Mileski, M., and Soka, A. E., FROM KATRINA TO SANDY: What have we learned about nursing home disaster management? Gerontological Society of America Annual Conference, November 2014.
- Soka, A.E., Elder Mistreatment and Physician Behavior and Practice: Connecting the Dots? In Symposium: "How to Identify Needs of Vulnerable People" - Contributions of Qualitative Research Methodology, Gerontological Society of America Annual Conference, November 2014.
- Soka, A.E., Panelist with Lieneck, C., Esparza, S. McGowan, M and McIlwain, A., Reality "Bytes?" – Experiential Learning Opportunities with Simulation Technology. AUPHA Fishbowl Session at Association of University Programs in Health Administration (AUPHA) annual conference, June 2014.
- McIlwain, A., and Soka, A.E., BEYOND LONG-TERM CARE: Integrating Gerontology into Health Administration Curriculum AUPHA Conference, San Antonio, June 2014
- Soka, A.E. The Notion of Accumulation: How Risk/Protective Factors Determine Elder Mistreatment Potential. In Symposium - Explicating Inequality: Applying the Theory of Cumulative Inequality from Cell to Society. Gerontological Society of America Annual Conference, November 2010 - Symposium
- Soka, A.E. Piercing the Veil? The Link between Individual Conception/Definition of Elder Mistreatment and Physician Behavior Gerontological Society of America Annual Conference, November 2012

- Sokan, A.E. Screening and Reporting Elder Mistreatment: An Exploration of Kentucky-based Physicians' Behavior and Practice. Gerontological Society of America, Nov. 2011
- Sokan, A. E. Within- Family Generational Differences in Attitudes toward Aging: A Preliminary Investigation. Gerontological Society of America Annual Conference, Nov. 2009
- Sokan, A.E. & Kruger, T. Revitalization of the University of Kentucky Chandler Medical Center Adult Volunteer Program - UK Healthcare, April 2008

Publications

Book Chapters:

Sokan, A.E. & Davis, T. (2015). Immigrant LGBT Elders. In D.A. Harley, and P.B. Teaster (Eds.), *Handbook of LGBT Elders: An Interdisciplinary Approach to Principles, Practices, and Policies*. (pages of chapter). NY: Springer

Sokan, A.E. & Teaster, P.B. (2015). An Overview of Aging and Mistreatment of LGBT Elders. In D.A. Harley, and P.B. Teaster (Eds.), *Handbook of LGBT Elders: An Interdisciplinary Approach to Principles, Practices, and Policies*. (pages of chapter). NY: Springer

Teaster, P.B. & **Sokan, A.E.** (2015). Mistreatment and Victimization of LGBT Elders. In D.A. Harley, and P.B. Teaster (Eds.), *Handbook of LGBT Elders: An Interdisciplinary Approach to Principles, Practices, and Policies*. (pages of chapter). NY: Springer

Davis, T. & **Sokan, A.E.** (2015). Healthcare, Sexual Practices, and Cultural Competence with LGBT Elders. In D.A. Harley, and P.B. Teaster (Eds.), *Handbook of LGBT Elders: An Interdisciplinary Approach to Principles, Practices, and Policies*. (pages of chapter). NY: Springer

Teaster, P.B. & **Sokan, A.E.** (2015). Ethical Standards and Practices in Human Services and Health Care for LGBT Elders. In D.A. Harley, and P.B. Teaster (Eds.), *Handbook of LGBT Elders: An Interdisciplinary Approach to Principles, Practices, and Policies*. (pages of chapter). NY: Springer

Papers:

Davis, T.E & Sokan, A.E. (2019). What about Aging? Perspectives from High School Teachers and Students on Integrating Aging into the High School Curriculum. *Gerontol Geriatr Educ.* 2019 Oct-Dec;40(4):480-490. doi: 10.1080/02701960.2019.1652822. Epub 2019 Aug 9.

The "All of Us" Research Program. All of Us Research Program Investigators, Denny JC, Rutter JL, Goldstein DB, Philippakis A, Smoller JW, Jenkins G, Dishman E. et al. *N Engl J Med.* 2019 Aug 15;381(7):668-676. doi: 10.1056/NEJMSr1809937.

Mileski, M., McIlwain, A. S., Scott Kruse, C., Lieneck, C., & **Sokan, A.** (2016). The Effectiveness and Need for Facility Based Nurse Aide Training Competency Evaluation Programs. *ABNF Journal*, 27(1), 16-19.

Book Review:

Teaster, P.B., & Sokan, A.E. Book Review for *Journal of Intergenerational Relationships*. Gosseries, Axel, and Meyer, Lukas, H. (2009). *Intergenerational Justice*. New York: Oxford University Press, 419 pp. ISBN-13: 978-0199282951.

Papers Presented at Professional Meetings:

- Sokan, A. E., Gilles, E.E., & Brogan, S.M. A Tale of Two Bettys: Examining Media Portrayals of Aging in a Multicultural Society - Culture, Social Trend and Identity - Southern Interdisciplinary Roundtable on African Studies, April, 2012, Kentucky State University.
- Sokan, A.E. & Kruger, T. Recruiting and Retaining Baby Boomers as Volunteers: Educating Volunteer Services Managers to Optimize the Workforce through Aging Volunteers, Association of Gerontology in Higher Education Annual Conference, Reno NV, March 2010
- Sokan, A.E. Aging in Diaspora: An Exploration of the Nigerian Experience, British Society for Gerontology ERA Conference, Cardiff – Wales, May 2009

Invited Talks, Lectures, and Presentations:

- Sokan A.E, LGBT+ Elders and Healthcare: Improving the “*Customer*” Experience. UAHS-EDI Guest Speaker /Webinar Series. March 9th, 2021.
- Sokan, A.E. & Davis, T.E. Older Adults and the Impact of COVID-19: Preliminary Findings from a Two-State Study. Pamela J. Turbeville Colloquium - Frances McClelland Institute (FMI), March 4, 2021
- Sokan, A.E. Aging & Public Health: My Story, My Song! PHP Seminars in Public Health, October 26, 2020.
- Sokan, A.E. On Spirituality and Social Isolation in the Time/Era of COVID-19, Panelist – Pima Council on Aging, April 30, 2020
- Sokan, A.E. COVID-19 and Older Persons, Preliminary Lessons from a Pilot Study - Presentation, April 6, 2020
- Sokan, A.E. Be Your Own Rescue: Becoming a Savvy Consumer of Health Care – LGBTQIA, Tucson Senior Pride Org. February 11, 2020.
- Sokan, A.E. “Optimal Aging” - The importance of mental health and well-being as we age. University of Arizona Arthritis Center Conference, February 8, 2020.
- Sokan, A.E. The art of Climbing Ladders: Lessons Learned Across Time and Place. National Women’s History Month Speaker Series. March 11, 2019
- Sokan, A.E. Advancing the Health of Generations to Come: The All of Us Research Program Impact - The Power of Precision Medicine. UA Arthritis Center 2019 Living Healthy with Arthritis Conference. February 16, 2019
- Sokan, A.E. Straight Talk? Nobody can make it out here alone – Strategies to combat isolation and loneliness in later life. Senior symposium. Keynote Speaker. The Senior Advocacy Group of Ahwatukee (SAGA). October 28, 2017.
- Sokan, A.E. The All of UsSM Research Program: A Flagship of the Precision Medicine Initiative and Promise for Diabetes. October 27, 2017
- Sokan, A.E. The Cognitive Vulnerability - Elder Mistreatment Nexus: A Primer for the Healthcare Professional, Advances in Aging - Geriatric Grand Rounds (Center on Aging, UAHS). October 9, 2017
- Sokan, A.E. Precision Medicine. American Heart Association “Go Red for Women” Conference/Luncheon - Educational Breakout Sessions. September 23, 2017
- Sokan, A.E. Elder Abuse - 6th Annual Mid-America Institute on Aging (MAIA), University of

Southern Indiana, Aug. 2013. Sokan, A.E. Elder Abuse and Mistreatment: Being Informed, Being Empowered! Keynote Speaker – Paducah Elder Abuse Conference, May 31, 2012, Paducah KY

- Sokan, A.E. Elder Abuse – What seniors should know and what seniors can do about it. KIPDA Radio Program “Savvy Seniors” Louisville, KY. Scheduled contributor/presenter. 2010- 2011.
- Sokan, A.E. Physicians’ Perspectives on Elder Mistreatment. Elder Justice Center for Elders and Vulnerable Adults, Kentucky. July 2011, Lexington KY.
- Sokan, A.E. Elder Mistreatment: Myths and fallacies revisited. Summer Series on Aging Annual Conference - University of Kentucky, June 2011, Lexington KY.
- Sokan, A.E. Elder Mistreatment 101: What should you know, why should you care, and what can you do about it? Kentucky Association for Gerontology, Spring Conference, April 10 -12, 2011, Florence KY.
- Sokan, A.E. & Kruger, T. Baby Boomers as Volunteers: Organizational Readiness - 2010 SE4A Annual Training Conference, September 2010.
- Sokan, A.E. Panelist – Violence and Healthcare System’s Response – St. Joseph’s Healthcare Leadership Conference, June 2010
- Teaster, P.B., & Sokan, A.E. Facing the Facts about Elder Abuse, General Internal Medicine Ground Rounds, University of Kentucky. November 2009 Schoenberg, N., & Sokan, A.E. Qualitative research and Quality Improvement, Department of Family and Community Medicine, March 2009.

Consultancies:

Practical Care-giving - For family members with Dementia, 2014 - Present

Training – Home Health/Home care staff, 2010 - present

Evaluation - Lexington Fayette County Urban Government Housing Authority, Moving to Work Demonstration Project, 2011 – 2013; 2014 - present

Quality Assurance - Multifamily Service Coordinator Grant for Ballard Place (Senior Living) Lexington Housing Authority, 2012 – 2013; 2015 - present

Workshops:

- Banner LGBTQ+ Inclusive Health Care Training Sessions, 2018
- Sokan, A.E. Practical Caregiving for Loved Ones Living with Alzheimer’s Disease II. Small group workshop, Lexington KY, April 2017
- Sokan, A.E. Practical Caregiving for Loved Ones Living with Alzheimer’s Disease. Small group workshop, Lexington KY, April 2016
- Sokan, A.E. Is Housing Enough? Re - envisioning the Role of Public Housing Authorities as Residents Age in Place. Lexington Fayette County Urban Government Housing Authority, Board Retreat, Summer 2014.
- Sokan, A.E. “Not in My Backyard!” Elder Mistreatment: Equal Opportunity Transgression and Public Health Concern. Pre-conference Elder Mistreatment/Ethics Intensive. Kentucky Association for Gerontology, Annual Spring Conference, April 10, 2011, Florence KY.
- Sokan, A.E. Empowering Mindfulness Conference – Workshop on elder self-neglect. Bluegrass Area Agency on Aging, Clark County – June 2010
- Sokan, A.E. & Kruger, T. Hoarding – Aging with Vitality and Grace Program, Christ Church Cathedral, Lexington, May 2010

Works in Progress:

- Sokan, A.E. (?). Service Learning and Community Engagement: Promoting Health and Wellbeing at a Senior Center through Student/Senior dyads
- Sokan, A.E. (?). Screening and Detecting Elder Abuse during Provider Encounters: A Three-Question Model?

Fellowships, Grants/Contracts Awards, Honors:

- 2020 – Arizona Geriatrics Society – Gerontologist of the Year
- 2014 – Funded Internal Grants and Contracts: 2014 - Research Enhancement Program (REP) Award, Texas State University.
- 2010 – SPO President's Award, Outstanding Student Paper - Association of Gerontology in Higher Education (Sokan, A.E & Kruger, T – authors)
- 2010 – Phi Kappa Phi Delta (National All-Discipline Academic Honor Society)
- 2008 – Sigma Phi Omega (Gerontology National Academic & Professional Honor Society)
- 2007 – Upsilon Phi Delta (Healthcare Administration National Academic Honor Society)
- 2008 – Southern Regional Educational Board Doctoral Scholars Fellowship
- 2007 – Hospital Administration Fellowship, UKHealthcare
- 2006 – Kentucky Hospital Association (KHA) Outstanding MHA Program Graduate
- 2005 – Department of Veteran's Affairs Certificate of Appreciation for Support of the Diversity Program at VA Medical Center, Huntington, WV.
- 2002 - Graduate Program in Health Services Administration, University of Arkansas at Little Rock Outstanding Service Award.
- 1989 - International Law Prize - University of Buckingham, England.

IV. Service

INSTITUTIONAL

- University:
University of Arizona – Facilitator, Voices of Discovery (2017 – 2018); University of Kentucky, MHA Program – Program Development Committee (2015 – 2018)
Texas State University (2013 – 2014): The Center for Children and Families; International Minds; Gerontology Consortium
Kentucky State University (KSU) (2011 – 2013): Program & Curriculum Assessment and Evaluation; Academic Program Review Panel; KSU - Engaging with Aging Service Learning Project Coordinator; Faculty Senate, Curriculum Committee
- College: UAHS LGBTQ+ Interest Group (Present); Texas State University: SOHA Graduate Admissions' Council Kentucky State University (KSU), Frankfort, KY - Developed Prototype (Curriculum, Syllabi, Marketing brochure, etc.); Applied for and received Council of Post-Secondary Education approval for MA Gerontology Program, College of Professional Studies, KSU
- Department/School: School of Health Administration Department Representative, Bobcat Days, 2013; Exhibitor, Texas Health Care Association, 2013 63rd Annual Convention & Trade show, Austin, TX; Kentucky State University, Frankfort, KY - Assessment Committee, 2011 – 2013

PROFESSIONAL

- Board member, Kentucky Association for Gerontology;
- Board member, Sigma Phi Omega (SPO) – National Academic Honor and Professional Society in Gerontology;
- Member, National Committee for the Prevention of Elder Abuse;
- Member, Kentucky Justice Center for Elders and Vulnerable Adults;
- Reviewer, Journal of Elder Abuse and Neglect;
- Reviewer, Conference abstracts/papers (SPO) – Association for Gerontology in Higher Education
- Memberships: Association of Gerontology in Higher Education (AGHE); Gerontological Society of America (GSA); American College of Healthcare Executives (ACHE); Arizona Healthcare Executives; British Society of Gerontology;
- Member GSA Committees: Global Aging; Elder Abuse; Careers in Aging, Rainbow/LGBTQ+; Local Arrangements, 37th Annual Meeting, Cincinnati, 2010- 2011;

COMMUNITY

- Member, Arizona Falls Prevention Coalition (AFPC) - Present
- Member (Arizona Team), Alzheimer's Association & ASTHO Present
Healthy Brain Initiative (HBI) Planning Lab.
- University of Arizona LGBTQ+ Interest Group, Member 2016 - Present
- University of Kentucky, MHA Program-Member, Advisory Board 2018 - Present
- Board Member - Pima Council on Aging, 2018 - Present
- Duet Partners in Health & Aging – Facilitator, 2017 - Present
- Board member, National Volunteer Caregiving Network, 2014 – 2019

- Member, Advocacy and Community Engagement Committee (ACE), Pima Council on Aging, 2017 - Present
- Mayor's Senior Services Commission, 2013 – 2016
- Member - Mended Hearts, Inc.
- Advisory Board member, Faith-In-Action Senior Ministry, 2011 - 2014
- MHA Program, UK: Speed networking mentor & pre-Capstone presentation review
- Aging & Health Promotion Workshop/Service-Learning Project, in conjunction with Frankfort Senior Center, 2012 - 2013
- Elder Abuse, Neglect & Exploitation Committee, Bluegrass Area Development District Member, Local Coordinating Councils on Elder Abuse, Kentucky
- Member, Women's Club of Central Kentucky
- Organizer – Annual Lexington World Elder Abuse Awareness Day Commemoration, 2010, 2011

REFERENCES (Available on request)

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