

Additional resources available at
cph.uky.edu/c2hresources



Social Support Services

Gateway Community Action

Assistance with housing, food, and employment

136 Lee Ave #E, Morehead, KY

☎ 606-743-3133

Northeast KY Community Action Agency:

Utility costs, employment, housing referrals.

☎ 606-286-4443, www.nkcaa.net

Benefind

SNAP, Medicaid, KTAP, cash assistance

Benefind.ky.gov..... ☎ 1-855-306-8959

Food Assistance

Gateway Helping Hands: Food distribution,

community outreach. Mon-Fri 10AM-4PM.

204 Morehead Plaza, Morehead KY

☎ 606-780-9704

Christian Social Services:

Food and clothing, Mon-Fri 10AM-4:30PM

1446 E Main St. Morehead, KY

☎ 606-784-5329

DCBS Division of Family Support:

Includes food assistance and Medicaid sign up

☎ 855-306-8959

Transportation

Mor'Trans

Public Transportation, \$1 per trip, M-Sat 9am-6pm

336 Pinecrest Dr. Morehead, KY

☎ 859-258-2722

Legal Services

Department of Public Advocacy

Defense for low-income clients

☎ 502-564-8006

Legal Aid of the Bluegrass

Civil legal services. www.Lablaw.org

☎ 859-431-8200

Clean Slate Kentucky

Expungement, CleanSlateKentucky.com

Health Services

Call 1-855-459-6328 to apply for Medicaid or
visit KHBE.ky.gov for help.

Rowan County Health Department

☎ 606-784-8954

People's Clinic (limited hours)

☎ 606-780-0140

Services include hepatitis C treatment:

St. Claire Regional Medical Center

☎ 606-783-6500

☎ Hep C treatment (Dr. Cox) 606-780-5500

Primary Plus Morehead

2300 KY Hwy 801 N, Morehead

☎ 606-548-5550

Services include HIV prevention
medicine (PrEP):

St. Claire Family Medicine

316 W 2nd St, Morehead, KY

☎ 606-784-3771

Spero Health

Laura Allen, NP

505 Hecks Plaza Drive, Morehead

☎ 606-462-1327

Morehead Primary Care

Dr. Christian F. Weigel

333 Beacon Hill Rd, Ste 201, Morehead

☎ 606-780-0444

Housing

Gateway Homeless Shelter:

Temporary housing

☎ 606-784-2668

Overnight Shelter

Contact Morehead Police. Shelter when temp
is less than 20°. Requires photo ID

☎ 606-784-7511

Housing Authority: Low-income and housing
assistance, open Mon-Fri 8AM-4PM

☎ 606-784-4314



ROWAN COUNTY RESOURCE GUIDE

*This guide contains a short list of
the resources available in and
around Rowan County.*

*The information provided is
subject to change.*

Harm Reduction/Syringe Program

Rowan County Health Department

730 W. Main St. Morehead, KY

Open Tues from 1PM-3:30PM

☎ 606-784-8954

Services: Syringe exchange, naloxone, healthcare referrals, HIV and hep C testing

Behavioral Health Center

Pathways

Open Mon-Fri 8:30AM-5PM

☎ 606-784-4161

Mountain Comprehensive Care

955 Hallwood Dr. Morehead, KY

Open Mon-Fri 8AM-5PM

☎ 606-784-4800

St. Claire Counseling

555 Clinic Dr. Morehead, KY

Open Mon-Fri 8:30AM-4:30PM

☎ 606-783-6805

Support and Treatment Locators

National Hotlines

SAMHSA Treatment Locator

☎ 1-800-662-4357 or at findtreatment.gov

National Suicide Prevention Lifeline

24/7 support for people in crisis /or distress

☎ 988 or online at suicidepreventionlifeline.org

Never Use Alone

Overdose prevention when using drugs alone

1-877-696-1996, <https://neverusealone.com/>

Kentucky Support and Treatment Locators

FindHelpNowKY

Online treatment locator at FindHelpNowKY.org

KY Help Call Center

Mon-Fri from 8:30AM-5:30PM

☎ 1-833-859-4357

Voices of Hope Support Line

☎ 1-888-Hope4KY

Naloxone (Narcan)

Call 911 in an emergency.

Visit odcp.ky.gov/stop-overdoses for more.

Cave Run Pharmacy

Available for free..... ☎ 606-783-1511

225 Old Flemingsburg Rd Morehead, KY

Open Mon-Fri 9AM-5PM, Sat 9AM-12PM

Total Care Pharmacy

Available with insurance..... ☎ 606-784-4491

206 W Main St. Morehead, KY

Open Mon-Fri 9AM-8PM, Sat 9AM-1PM

Rowan County Health Department

Available for free Tue 1-3:30pm... ☎ 606-784-8954

Kroger Pharmacy

Available for purchase..... ☎ 606-783-1476

Mailed Naloxone

Order at <https://nextdistro.org/kyresourcesyesno>



Domestic Violence Resources

DOVES: Shelter for women & children. Open 24/7.

☎ 800-221-4361

National Domestic Violence Hotline: Open 24/7

☎ 800-799-7233

Drug Checking

The Recovery Center

Fentanyl and Xylazine (“tranq”) test strips

37 S Main Street, Winchester, KY

Mon-Fri: 9:30am-8:30pm; Sat & Sun: 1pm-9:30pm

☎ 859-385-5017

<https://www.facebook.com/TheRecoveryCenterWinchester/>

[Winchester/](https://www.facebook.com/TheRecoveryCenterWinchester/)

Mail-order fentanyl test strips

~\$1 per strip

- <https://wisebatch.com/product/fentanyl-test-strip/>

Mail-order xylazine (“tranq”) test strips

~\$2 per strip

- <https://wisebatch.com/product/xylazine-test-strip/>

Meetings

Self-Management and Recovery Training

(SMART) Recovery: Medication-friendly

recovery meetings. Scan the

QR code, visit

linktr.ee/recoveryonline, or

call 1-888-Hope4KY. **SMART**

Recovery Friends & Family

meetings may be available.



Medication-Assisted Recovery Anonymous

(MARA): In-person and online meetings in

Kentucky - www.mara-international.org/Kentucky

NA Meetings: [https://www.narcotics.com/na-](https://www.narcotics.com/na-meetings/kentucky/morehead/)

[meetings/kentucky/morehead/](https://www.narcotics.com/na-meetings/kentucky/morehead/)

Grief Support Groups:

[https://www.griefshare.org/countries/us/states/ky/](https://www.griefshare.org/countries/us/states/ky/cities/morehead)

[/cities/morehead](https://www.griefshare.org/countries/us/states/ky/cities/morehead)



Medication for Opioid Use Disorder

Locations in Morehead:

Spero Health..... ☎ 606-462-1327

Medications: Buprenorphine, Sublocade

Open Mon-Fri 8AM-5PM

Solid Ground..... ☎ 606-783-0023

Medications: Buprenorphine

Open Mon-Fri 8AM-4PM

Edgewater Recovery..... ☎ 606-462-3001

Medications: Buprenorphine

Open 24/7

Locations in West Liberty:

Frederick Counseling..... ☎ 606-743-1102

Medications: Buprenorphine

Open Mon-Wed 8AM-5PM

Locations in Frenchburg:

Dr. Taufik Kassis..... ☎ 606-768-9190

Medications: Buprenorphine, Sublocade

Open Mon/Tues/Thurs 8AM-5PM, Wed 8AM-

6PM, Fri 8AM-4PM